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01 August 2016

## Thames River Relay Source to Sea River 2016

### Agreement

I, the Leg Organiser/Independent Participant agree that I am over the age of eighteen and fit and that I have risk assessed the leg of the relay that I am undertaking/organising, and have paddled this or a similar distance already this year in like conditions. Any co-participants that I invite to join will also be fit enough to undertake the nominated relay leg. Any participant under the age of 18 years old will be required to be supervised by a parent or guardian who will undertake the full responsibility for their safety.

I agree that if I consider conditions to be at all risky or unsafe I will not be under any duress to begin or complete this stage of the relay and the organisers of the Thames River Relay will have sole responsibility for the onward transport of the baton (the bottle of Thames water). The organisers of the Thames River Relay hold the overall right to cancel any leg of the relay if the river or weather conditions are deemed to be unsafe to proceed.

I confirm that I take full responsibility for my own decision to participate in this relay and understand that Thames River Relay Source 2 Sea does not assume any legal liability for me with regard to any injury, loss or damage suffered by me or those under my care. I confirm that I take full responsibility for any participants, crew, passengers or others who take part in this stage of the relay.

I confirm that I, and any other participants under my care, will not be under the influence of drink or drugs at the time of their participation in the relay.

I agree that in the event I cannot complete my agreed leg of the relay I will use my best efforts and contacts to find a replacement(s) and will inform Paul Hyman, Active360 (phone number: 07885860806) of the change as soon as possible.

I am aware that paddling/swimming in untreated water can lead to stomach upsets and diseases such as Salmonella and Weil's disease and understand that I participate entirely at my own risk.

By signing I confirm that I have read and fully understand this disclaimer.

Signed: .....

Organisation: .....

Date: .....

Please fill in the name and contact number of someone we can contact in case of any problems.

Name: .....

Contact No: .....